

Child Care Program Plan

Good Shepherd Faithful Beginnings

Child Care Program Plan

Preschool and Pre-K Program

1. All children in the Preschool Program at Good Shepherd Faithful Beginnings are supervised at all times during the day by a staff person. At least one staff member in this age group is teacher qualified according to Minnesota State Licensing requirements.
2. Good Shepherd Faithful Beginnings is licensed for a total of 20 children. The Preschool Program follows a ratio of 10:1 and is licensed for 20 children; ages thirty-one months to six years old.
3. Good Shepherd Faithful Beginnings is open from 7:00 a.m. to 6:00 p.m. Monday through Friday.
4. Good Shepherd Faithful Beginnings provides a program for preschool children that is loving and nurturing and at the same time promotes growth and development physically, intellectually, emotionally and socially.
5. The following goals are the basis of learning in our preschool program:
 - a. Encourage curiosity and build self-confidence by providing choices that stimulate and use self-regulation.
 - b. Provide a warm environment for children to feel good about their choices and build successful experiences.
 - c. Encourage a feeling of friendship and sensitivity toward other children.
 - d. Provide indoor and outdoor activities for the children to develop both fine and gross motor skills.
 - e. Teach independence through problem-solving exploration.
 - f. Teach cooperative play and interaction with one another involved.
 - g. Provide educational areas of language arts, science, math, art, music, dramatic play and large and small muscle activities. These learning activities and experiences teach the children to share and give them a feeling of accomplishment.
6. Preschool goals and objectives:

A. Physical Development: (gross and fine motor)

Gross: --balance

--large muscle play

--control body movements

--play on and with outdoor equipment

Fine: --hand-eye coordination

--small motor development

--use small tools and writing utensils

--dress and undress himself/herself

--use manipulatives and small motor toys

B. Intellectual Development:

--language arts

--basic problem solving

--develop different lengths of attention spans

--develop personal/physical growth

--learning the identification of letters, numbers, and patterns

--learning to solve everyday problems and how to deal with them

--develop listening skills and basic concentration

--learning about good hygiene and perception of things

C. Emotional Development

--encourage self-confidence

--encourage self-motivation

--provide colorful, stimulating learning environments

--learning to do things alone and as a group

--provide cheerful, happy, areas for exploration and decision making

--provide several areas from which to choose and explore

D. Social Development:

--set up smooth running routines

--provide individual and group skill areas

--encourage behavior patterns/skills with other children

--follow routines daily

--provide for social interaction with others

--provide good behavior and discourage undesirable

7. Activities for completion of goals:

A. Intellectual: singing, story telling, puzzles, arts and crafts, matching game, group discussion

- B. Emotional: writing center, finger painting, easel painting, water activities, sand play, clay, and play dough
- C. Social: sharing of ideas and thoughts, group games and activities, arts and crafts, and service projects

8. Parent/Teacher conferences are held twice annually after the orientation upon enrollment which will include assessment of the child based on whole child, including physical, intellectual, emotional and social development.

9. Daily Schedule:

- 7:00-8:00: Before School Care
- 8:00-8:10: Good Morning greetings!
- 8:10: Announcements
- 8:15: Morning meeting/morning circle activities (Mass: some Wednesdays 8:30)
- 8:55-9:20: Bathroom/wash hands/snack
- 9:20-9:50: Large Motor: Gym/Outside
- 9:50: Centers/Social Time
- 10:40: Small Group Learning Activities
- 11:15: Bathroom/wash hands
- 11:20-11:50: Lunch
- 11:55: Outside/Large Motor
- 12:35: Wash/Bathroom (Music: 12:40-1:00 (Mon./Thurs))
- 12:45: Story Time
- 1:00: Resting time
- 1:30-2:00 Rest or Quiet Activity
- 2:00-2:40: Socialization/Afternoon Snack
- 2:45-3:00: Goodbye
- 3:00-6:00: After School Care

10. Sample of equipment and activities for preschool children:

Quiet

Flannel board stories, easel painting, coloring/chalk activities, puppet play, games, and books.

Teacher Directed

Musical instruments, sand and water play, bingo, games, wood working area, lotto games, art work, science activities.

Active

Dancing, tumbling, climbing, riding toys, ball playing, musical instruments, wood working area, dramatic play.

Child Initiated

Flannel board stories, blocks, easel work, puppets, cars, trucks, learning cards, dramatic play, manipulatives.

11. This program plan will be available at all times for the parents to review.
12. This program plan is reviewed annually by a teacher qualified staff member.

