



SEPTEMBER 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Student Lunch \$3.25 Ala Carte \$1.75 Milk \$.50 Adult Lunch \$5.00</p>	<p>1 Turkey & Cheese Sandwich Fruit Vegetable Milk Choice Skim or 1%</p>	<p>2 Ham & Cheese Sandwich Fruit Vegetable Milk Choice Skim or 1%</p>	<p>3 Chef Salad With Turkey and Ham Whole Grain Roll Fruit Vegetable Milk Choice Skim or 1%</p>	<p>4 NO SCHOOL</p>
<p>7 NO SCHOOL LABOR DAY</p>	<p>8 Sun Butter & Jelly Sandwich Fruit Vegetable Milk Choice Skim or 1%</p>	<p>9 Mini Corn Dogs Fruit Vegetable Milk Choice Skim or 1%</p>	<p>10 Chicken Patty Fruit Vegetable Milk Choice Skim or 1%</p>	<p>11 Sub Sandwich Fruit Vegetable Milk Choice Skim or 1%</p>
<p>14 Turkey & Cheese Sandwich Fruit Vegetable Milk Choice Skim or 1%</p>	<p>15 Chicken Poppers Fruit Vegetable Milk Choice Skim or 1%</p>	<p>16 Chef Salad With Ham and Turkey Whole Grain Roll Fruit Vegetable Milk Choice Skim or 1%</p>	<p>17 Ham & Cheese Sandwich Fruit Vegetable Milk Choice Skim or 1%</p>	<p>18 Hamburger/Cheeseburger Fruit Vegetable Milk Choice Skim or 1%</p>
<p>21 Chicken Wrap Fruit Vegetable Milk Choice Skim or 1%</p>	<p>22 Sun Butter & Jelly Sandwich Fruit Vegetable Milk Choice Skim or 1%</p>	<p>23 Mini Corn Dogs Fruit Vegetable Milk Choice Skim or 1%</p>	<p>24 Chicken Patty Fruit Vegetable Milk Choice Skim or 1%</p>	<p>25 Sub Sandwich Fruit Vegetable Milk Choice Skim or 1%</p>
<p>28 Turkey & Cheese Sandwich Fruit Vegetable Milk Choice Skim or 1%</p>	<p>29 Chicken Poppers Fruit Vegetable Milk Choice Skim or 1%</p>	<p>30 Chef Salad With Ham and Turkey Whole Grain Roll Fruit Vegetable Milk Choice Skim or 1%</p>		

Minimum amount of food served per day or week
MN Department of Education Lunch Meal Pattern

Menu is subject to change based on availability

Fruit 1/2 cup per day

Vegetable 3/4 cup per day (3 3/4 per week)

Grain 1oz. eq./day 8oz eq/week

Meat/Meat Alternates 1oz eq./day 8oz eq./week

Fluid Milk 1 cup per day

